

My TWU Weekly Schedule

Academic Coaching/Student Success Centre

Date							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00							
9:00							
10:00							
11:00	CHAPEL	CHAPEL	CHAPEL	CHAPEL	CHAPEL		
11:40 – 1:00							
1:10 – 2:25							
2:35 – 3:50							
4:00 – 5:15							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							

HOW MUCH I STUDY: I commit to studying _____ hours every week during these study blocks.

(2 hrs. for every hr. in class)

WHAT I DO DURING STUDY BLOCKS (R² AP): **Review** **Read** **Assignments & Papers***

Approximate percentage of study time: 35% 35% 30%

*If fewer assignments & papers, increase time for reviewing & reading

